

Appendix D
Service Changes – Gluten-free foods

This forms part of the ‘let’s talk’ consultation programme

Organisation	East and North Hertfordshire CCG and Herts Valleys CCG
Lead manager & contact details	Nuala Milbourn (Nuala.Milbourn@enhertsccg.nhs.uk) Juliet Rodgers (Juliet.Rodgers@hertsvalleysccg.nhs.uk)
Description of service variation	Restricting the funding of gluten-free foods on prescription with the exception of people with learning disabilities. We currently spend £500,000 on prescriptions for gluten-free products and hope to save at least £200,000 if this proposal was implemented.
Reasons for service variation i.e. Case for Change	The NHS does not generally provide everyday food on prescription for other groups of patients whose health can be managed by eating a diet naturally free from the ingredients that affect them. Gluten-free products are now readily available in supermarkets and we need to use our limited funds to focus on those treatments that keep people healthy.
Impact on the Wider Community <i>(e.g. transport, accessibility)</i>	None expected
Number of Patients/Carers Affected	Approximately 1 in 100 patients have coeliac disease in the UK. This would be 11700 Hertfordshire residents although a significant number do already purchase their own gluten-free foods or avoid gluten from their diets.
Changes in Methods of Service Delivery	Patients will purchase gluten-free foods from supermarkets and other shops.
Impact on other Services <i>(e.g. health, social care, voluntary sector)</i>	There is no expected impact on other services.
Impact on different communities <i>(e.g. age, gender, locality)</i>	Please see equality assessment. Links to go live 8 July: www.healthierfuture.org.uk/nhsletstalk
Date due at Health & Wellbeing Board	

	Herts Valleys financial turnaround plans discussed at HWBB 19 May 2017 Programme as a whole presented at HWBB conference 30 June
Proposed Engagement	This is one of the proposals that form part of the major 'let's talk' consultation programme that both CCGs are conducting over the summer months.